

# MS Trust Annual Conference

4<sup>th</sup> – 6<sup>th</sup> November 2012  
Chesford Grange, Kenilworth, UK



## Conference Programme

(programme may be subject to change)

### Sunday, 4<sup>th</sup> November 2012

11:00 Registration and opening of Conference Exhibition

12:00 Lunch

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| <b>13:30 – 15:30</b> | <b>Plenary session 1</b>   |
| <b>13:30</b>         | <b>Welcome</b>   |
| <b>13:45</b>         | Immunology and the roots of MS<br><i>Professor Gavin Giovannoni, Professor of Neurology, Royal London Hospital</i>   |
| <b>14:30</b>         | Latest advances in regenerative medicine and stem cell therapies<br><i>Professor Siddharthan Chandran, Professor of Neurology, University of Edinburgh</i> |

15:30 – 16:15 Refreshments and Exhibition

15:45 Therapists in MS (TiMS) update meeting

16:15 UKMSSNA AGM

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| <b>16:15</b> | <b>Seminar sessions for those not attending TiMS/UKMSSNA AGM</b>   |
|              | Anticipatory care for people with complex health needs<br><i>Mary Brice, Heart Failure Palliative Care Nurse Consultant, St. Christopher's Hospice, London</i> |
|              | Overview of vocational rehabilitation in MS<br><i>Gail Townsend, Senior Neuro-rehabilitation Occupational Therapist, Buckinghamshire Healthcare NHS Trust</i>  |

20:00 Welcome dinner

### Monday, 5<sup>th</sup> November 2012

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| <b>9:00 – 10:30</b> | <b>Concurrent seminar session 1</b><br><i>Please attend your pre-selected seminar (see signage for location)</i>   |
|                     | Difficult conversations and supporting the family<br><i>Dr Alison Grove, Locum Consultant in Palliative Medicine, St Giles Hospice, Lichfield</i>  |
|                     | Update on vitamin D<br><i>Professor Carolyn Young, Consultant Neurologist and Honorary Professor of Neurology<br/>Walton Centre for Neurology &amp; Neurosurgery, Liverpool</i>                              |
|                     | Bladder and bowel issues in MS<br><i>Joanne Mangnall, Continence Advisor, Rotherham NHS Foundation Trust</i>   |
|                     | Existential challenges of MS and how mindfulness may help<br><i>Dr Paul Grossman, Director of Research, University of Basel Hospital, Switzerland</i>  |
|                     | Latest advances in assistive technology - Part 1. Communication, environmental control and computer access<br><i>Phil Palmer, Occupational Therapist, Access to Communication and Technology, Birmingham</i> |

10:30 – 11:00 Refreshments and Exhibition

**MS Trust Annual Conference - 4<sup>th</sup> - 6<sup>th</sup> November 2012**

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| <b>11:00 – 12:30</b> | <b>Concurrent seminar session 2</b><br><i>Please attend your pre-selected seminar (see signage for location)</i>  |
|                      | Anticipatory care for patients with complex needs<br><i>Mary Brice, Heart Failure Palliative Care Nurse Consultant, St. Christopher's Hospice, London</i>   |
|                      | Management of spasticity triggers<br><i>Paula Cowan, MS Specialist Physiotherapist, NHS Lanarkshire and Jane Lough, MS Specialist Physiotherapist, West of Scotland MS Service</i>  |
|                      | Sexual Health and MS<br><i>Nollie Biggins, Continence Advisor, Doncaster Royal Infirmary</i>  |
|                      | Welfare reforms and social care<br><i>Ros Edwards, MS Specialist OT, West Berkshire Council</i>   |
|                      | Latest advances in assistive technology - Part 2. "From Poundland to broadband" – supporting choice, control and independence through assistive technology<br><i>Jim Ellam, Assistive Technology Project Lead, Staffordshire County Council</i> |

**12:30 – 14:00 Lunch and Exhibition**

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| <b>14:00 – 15:30</b> | <b>Plenary session 2</b>  |
| <b>14:00 – 14:30</b> | Update on Disease Modifying Therapies for MS<br><i>Dr Trevor Pickersgill, Consultant Neurologist and Honorary Lecturer, University Hospital of Wales</i>  |
| <b>14:30 – 14:45</b> | MST update  |
| <b>14:45 – 15:30</b> | The use of cannabinoids in MS – findings from the CUPID study<br><i>Professor John Zajick, Associate Dean Research and Honorary Consultant Neurologist, Institute of Health Service Research, Peninsula College of Medicine and Dentistry, Plymouth</i> |

**15:30 – 16:15 Refreshments and Exhibition**

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| <b>15:30 – 17:30</b> | <b>Information zone, Technology zone and poster viewing</b> |
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**19:30 Pre-dinner drinks**

**20:00 Conference Gala Dinner**

**Tuesday, 6<sup>th</sup> November 2012**

**8:00 – 9:15** Breakfast seminar - UK quality of life (TONic) study  
*Professor Carolyn Young, Consultant Neurologist and Honorary Professor of Neurology  
Walton Centre for Neurology & Neurosurgery, Liverpool*

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| <b>9:30 – 11:00</b> | <b>Concurrent seminar session 3</b><br><i>Please attend your pre-selected seminar (see signage for location)</i>   |
|                     | Psychological help for people living with MS: A brief introduction to a cognitive behavioural approach<br><i>Nigel Sage, Consultant Clinical Psychologist in Cancer and Palliative Care, Phyllis Tuckwell Hospice, Farnham</i>   |
|                     | The information needs and preferences of people newly diagnosed with MS – findings from qualitative research<br><i>Ros Levenson, Independent Researcher</i>  |
|                     | Functional overlay – the whys and wherefores in MS<br><i>Dr Mark Edwards, Senior Lecturer and Honorary Consultant Neurologist, UCL Institute of Neurology and National Hospital for Neurology and Neurosurgery</i>   |
|                     | Setting up vocational rehabilitation services<br><i>Dr Diane Playford, Senior Lecturer/Consultant Neurologist, National Hospital for Neurology and Neurosurgery and Ali Gibson, Research Associate and PhD Student, University of Central Lancashire</i>   |
|                     | Respiratory Care – assisted respiration in the dependent MS patient<br><i>Caroline Brown, Principal Physiotherapist in Emergency, Specialised and Cardiothoracic Medicine, University Hospital of North Staffordshire and Ruth Kent, Highly Specialist Physiotherapist, St. Thomas' Hospital</i> |

**11:00 – 11:30 Refreshments and Exhibition**

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|----------------------|---|
| <b>11:30 – 13:30</b> | <b>Plenary session 3</b>  |
| <b>11:30</b>         | <b>Poster presentation and prize giving</b>   |
| <b>11:45</b>         | <b>Closing Keynote Lecture</b><br>Integrated care: making it happen<br><i>Dr Nicholas Goodwin, Senior Fellow, The King's Fund, London</i> |
| <b>13:15</b>         | <b>Summary of meeting and close</b>   |