

SIG Occupation in between meeting – Preliminary Programme

Theme: Evidence-based practice in MS Rehabilitation – The challenges of implementation

Amsterdam, 9 and 10 May 2025

Hosts and local chairs: Isaline Eijssen and Heleen Beckerman

SIG occupation chairs: Inger Løyning and Sofie Ferdinand

Thursday 8 May 2025

Arrival of the early birds, Welcome drinks, location will be announced

Friday 9 May 2025 - Day 1 of the programme (9:00-17:30 Programme, 18:00-21:00 Network dinner)

Meeting room: De IJssel, hospital side of VU University medical center, Amsterdam UMC, De Boelelaan 1117, 1081 HV Amsterdam

Welcome in Amsterdam

9:00 - 9:15 Welcome by SIG chairs and local hosts

9:15 - 9:45 Welcome at the department and at the MS Center Amsterdam
Vincent de Groot, The Netherlands

9:45 - 10:00 Coffee break

10:00-12:30 Implementation of scientific evidence into clinical practice

10:00-10:15 Implementation challenges in MS Rehabilitation
Heleen Beckerman, the Netherlands

10:15-10:45 Implementation of evidence: what works and what not
Femke van Nassau, the Netherlands

10:50-11:05 Discussion and implications for practice

11:05-11:45 OTiMS International – part I: project results

- the Cochrane review – results and gaps
- the mapping review – lessons to learn
- international survey among OTs – results

OTiMS project team

11:50-12:30 *International contributions to the theme Implementation or free communication*

12:30-13:30 Lunch and lunch walk – ending in the outpatient clinic

13:30-13:45 Tour at the Department of Rehabilitation Medicine

13:45-15:45 Craft Psychology Workshop

Mads Ramskov & Mette Sloth, Denmark

14:30-14.45 Tea break during the workshop

15:45-16:00 Walk to the conference room de IJssel

16:00-17:30 OTiMS International – part II: translation of
knowledge to implementation – planning activities
OTiMS project team

17:30 Walking transfer to the Restaurant

18:00-21:00 Network dinner at the Restaurant

Saturday 10 May 2025 - Day 2 of the programme, from 9:00 – 13:00

Meeting room: De IJssel, hospital side of VU University medical center, Amsterdam UMC,
De Boelelaan 1117, 1081 HV Amsterdam

9:00-12:00 Treatment of MS-related fatigue: current and future challenges

9:00 – 9:45 Fatigue Introduction Game with Pro vs Con Statements
including short pitches of local fatigue management approaches

9:45 – 10:20 Cognitive Behavioural Therapy for fatigue by psychologists
Marieke de Gier, The Netherlands

10:20-10:30 Discussion and implications for practice

10:30-11:00 Cochrane review Occupational Therapy and fatigue outcomes
Daphne Kos, Belgium

11:00-11:15 Cochrane review Exercise and fatigue
Heleen Beckerman, The Netherlands

11:15-12:00 Interactive group discussion

Triage of fatigue and multidisciplinary treatment – co-complaints and co-
interventions
moderator Isaline Eijssen, The Netherlands

12:00-12:30 Implementation challenges: RiGRa application - Dealing with evidence - the case of
treating fatigue in MS
Heleen Beckerman, the Netherlands

12:00-12:30 *International contributions to the theme fatigue or free topics*

12:30-13:00 Summary and closing

13:00 grap a lunch and say goodbye